

Pilates: Bethlehem Timetable

From 10/08/2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM						
6.30						
7.00						
7.30						
8.00						
8.30					8.30 – 9.25 REFORMER Laura O.	8.30 – 9.25 REFORMER TBC
9.00	9.00 – 9.55 BEGINNERS Fanny From 24/08	9.00 – 9.55 MATWORK Ian	9.00 – 9.55 REFORMER Ian From 19/08	9.00 – 9.55 MATWORK Fanny		
9.30					9.30 – 10.25 INT. REFORMER Laura O	9.30 – 10.25 REFORMER TBC
10.00		10.00 – 10.55 REFORMER Ian	10.00 – 10.55 REFORMER Ian	10.00 – 10.55 BEGINNERS Fanny		
10.30					10.30 – 11.25 REFORMER Laura O	
11.00	11.15 – 12.10 BEGINNERS Fanny From 24/08	11.00 – 11.55 REFORMER Ian	11.00 – 11.55 BEGINNERS Ian	11.00 – 11.55 REFORMER Fanny		
11.30						
12.00				12.00 – 12.55 ACTIVE AGEING Fanny		
PM						
2.30						
3.00						
3.30						
4.00						
4.30	4.30 – 5.25 REFORMER Ian		4.30 – 5.25 BEGINNERS Ian			
5.00						
5.30	5.30 – 6.25 REFORMER Ian	5.30 – 6.25 BEGINNERS Luana	5.30 – 6.25 INT. REFORMER Ian			
6.00						
6.30		6.30 – 7.25 REFORMER Luana				
7.00						

All new students need to attend an initial one on one session prior to attending scheduled classes. Phone 927 3330 to book.
Timetable is subject to change.



BODY IN MOTION

PHYSIO REHAB PILATES

Pilates: Bethlehem Timetable

From 1.01.2020

40 Minutes Private Intro (<i>compulsory</i>)	\$ 35
60 Minutes Duo Intro	\$ 30 pp (\$60 total)
<u>Matwork</u>	
Casual class	\$ 18
X10 class concession	\$ 170 - \$17 / class
X20 class concession	\$ 310 - \$15.5 / class
X10 Gold class concession (+65 years)	\$ 155 - \$15.5 / class
X20 Gold class concession (+65 years)	\$ 300 - \$15 / class
<u>Reformer</u>	
Casual class	\$ 27
X10 class concession	\$ 240 - \$24/class
X20 class concession	\$ 460 - \$23/class
X10 Gold class concession (+65 years)	\$ 230 - \$23/class
X20 Gold class concession (+65 years)	\$ 450 - \$22.5/class
X10 mixed concession 5x ref + 5x mat	\$ 210
<u>Privates</u>	
30 minutes	\$ 50
45 minutes	\$ 70
60 minutes	\$ 80
<u>Duo Sessions (x2 clients)</u>	
45minutes	\$ 45 pp (\$90 total)
60minutes	\$ 50 pp (\$100 total)

All new students need to attend an initial one on one session prior to attending scheduled classes. Phone 927 3330 to book.
Timetable is subject to change.